

## **Curriculum Vitae**

### **SHAWN RICHARD KERGER, DO, CAQSM**

#### **PERSONAL INFORMATION**

Office Address: Edward Via Virginia College of Osteopathic Medicine  
2265 Kraft Drive  
Blacksburg, Virginia  
24060  
Office Telephone: (540) 231-4428  
Office FAX: (540) 231-5252

#### **EDUCATION**

##### **Ohio University College of Osteopathic Medicine**

Athens, Ohio, 1996

Degree: D.O.

##### **Miami University**

Oxford, Ohio, 1991

Degree: B.A. Zoology

##### **Perrysburg High School**

Perrysburg, Ohio, 1987

College Prep Diploma

#### **INTERNSHIP / RESIDENCY / FELLOWSHIP**

##### **Primary Care Sports Medicine Fellowship**

Sports Care, Toledo OH

July 1999 – June 2000

##### **Osteopathic Family Practice Residency**

St. Vincent Mercy Medical Center, Toledo, OH

June 1997 – June 1999

##### **Osteopathic General Rotating Internship**

St. Vincent Mercy Medical Center, Toledo, OH

June 1996- June 1997

## **CERTIFICATION / LICENSURE**

Ohio State Medical Board, License, 1997 - present.

Virginia State Medical Board License, 2005 - present.

Diplomat, National Board of Osteopathic Examiners, 1997.

Fellow, Primary Care Sports Medicine, 2000.

American Osteopathic Board of Family Practice – certified February, 2001.

Board of Certification of Added Qualifications in Sports Medicine – certified December, 2002.

American Osteopathic Board of Neuromusculoskeletal Medicine (NMM/OMM) – certified May, 2005.

## **CURRENT PROFESSIONAL STATUS**

Chair, Discipline of Osteopathic Manipulative Medicine  
Associate Professor, Department of Sports Medicine  
Edward Via Virginia College of Osteopathic Medicine  
2265 Kraft Drive  
Blacksburg, Virginia  
24060  
February, 2005 – present

Assistant Team Physician  
Virginia Polytechnic Institute  
July, 2005 - present

Board of Directors  
American Osteopathic Academy of Sports Medicine  
August, 2005 – present  
Website Committee Chair  
May, 2003-present

Member, ECOP  
Educational Committee on Osteopathic Principles  
May, 2005 - present

Scorer, National Board of Osteopathic Medical Examiners  
COMLEX-2 PE  
November, 2005 - present

Liaison to AAO from AOASM  
May, 2002 – present

## **PREVIOUS PROFESSIONAL STATUS**

Board of Directors, Ohio State Society  
American College of Osteopathic Family Physicians  
October, 2004 – October, 2005

Osteopathic Program Director & DME  
The Toledo Hospital Family Practice Residency  
2051 W. Central Ave.  
Toledo, OH  
43606  
November 1, 2003 – February, 2005

Osteopathic Site Director  
Sports Care  
2865 N. Reynolds Rd Suite 300  
Toledo, OH  
43615  
August 1, 2002 – February, 2005

Clinical Faculty  
West Virginia School of Osteopathic Medicine  
July 1, 2004 – February, 2005

Associate Director  
The Toledo Hospital Family Practice Residency  
2051 W. Central Ave.  
Toledo, OH  
43606  
August 1, 2000 – September 30, 2003

Associate Director  
Sports Care  
2865 N. Reynolds Rd Suite 300  
Toledo, OH  
43615  
August 1, 2000 – July 31, 2002

Asst. Team Physician  
University of Toledo Rockets  
2801 W. Bancroft  
Toledo, OH  
43606  
August, 2000 – February, 2005

Asst. Team Physician  
Toledo Storm  
East Coast Hockey League  
1 Main St  
Toledo, OH  
43605  
October, 2000 – February, 2005

Team Physician  
Toledo Mud Hens  
Fifth Third Field  
406 Washington Street  
Toledo, OH  
43604  
April, 2002 – February, 2005

Head Team Physician  
Toledo Slayers  
4125 Monroe St., Suite 6  
Toledo, OH  
43606  
May, 2003 – July, 2003

Head Team Physician  
Perrysburg High School Yellowjackets  
550 E. S. Boundary  
Perrysburg, OH  
43551  
August 1999 – February, 2005

Co-Chairman and Member  
Ethics Committee  
The Toledo Hospital  
2142 N. Cove Blvd.  
Toledo, OH  
43606  
January, 2001 – February, 2005

Participant / Group Leader  
National Board of Osteopathic Medical Examiners  
Level 3 Exam Review Committee  
8765 W. Higgins Road  
Suite 200  
Chicago, IL  
60631-4101  
July, 2001 – October, 2003

Medical Director  
Lucas County Work Release Center  
1111 Madison Ave.  
Toledo, OH  
43624  
March, 1998 – December, 2000

Occupational Medicine  
Jeep Medical Center  
Chrysler Motor Corporation – Jeep Division  
Toledo, OH  
43657  
March, 1998 – June, 1999

Clinical Preceptor  
WW Knight Family Practice Residency  
2051 W. Central Ave.  
Toledo, OH  
43606  
July, 1999 – August, 2000

Fellowship: Undergraduate Teaching Fellow  
OU-COM OMM Dept.  
Athens, Ohio 45701  
- Hours equivalent to academic year teaching requirements  
- Developed teaching manuals for Phase I Muscle Energy and HVLA modalities  
- Fellows' Clinic for OU-COM employees  
June, 1994 – June 1996

Fellow: Research and Scholarly Advancement (~400 hours)  
Osteopathic Manual Medicine Department / OU-COM  
Athens, Ohio 45701  
June, 1992 – August, 1992

Surgical Attendant (~ 800 hours)  
St. Vincent's Medical Center  
2213 Cherry St.  
Toledo, Ohio 43608  
June, 1990 – August, 1991

## **VOLUNTEER PROFESSIONAL EXPERIENCE**

Lecturer

TAR WARS – Elementary School-Age Anti-smoking campaign

Various Elementary Schools in the Toledo area

January, 2001 – present

Founder

S.P.E.A.C.H. program

Student Physicians Educating Athens Community on Health

OU-COM

Athens, OH

45701

A student-run program of medical education targeting Athens' community health needs, primarily on a high school and collegiate level.

August, 1992 – present

President

Class of 1995

OU-COM

Athens, OH

45701

June, 1992 – June, 1995

Vice President

UAAO

OU-COM

Athens, OH

45701

October, 1991 – June, 1992

ER Attendant (~ 150 hours)

McCullough-Hyde Hospital

Oxford, OH

45056

October, 1989 – January, 1991

Council Member

Miami University Council on Student Health

Miami University

Oxford, OH

45056

August, 1990 – June, 1991

Red Cross Certified Instructor  
BLS and First Aid Classes  
Miami University  
Oxford, OH  
45056  
January, 1990 – December, 1990

Surgical Attendant (~ 400 hours)  
St. Vincent's Medical Center  
2213 Cherry St.  
Toledo, OH  
43608  
June, 1989 – August, 1989

Clerical Assistant (~ 240 hours)  
Toledo Visiting Nurse Service  
1946 N. 13<sup>th</sup> St.  
Toledo, Ohio  
43624  
June, 1988 – August, 1989

## **EDITORIAL APPOINTMENTS**

Peer Reviewer, Clinical Journal of Sports Medicine, June, 2002 - present

## **EVENT COVERAGE**

Event Physician  
Annual Toledo Rowing Regatta  
Toledo, OH  
May, 2000

Event Physician  
National Sr. Judo Championships  
Toledo, OH  
June, 2000

Event Physician  
1999 Annual United States Track and Field Association's 24-Hour National  
Championship Race  
Toledo, OH  
October, 1999

#### Event Physician

1999 Annual “Mad Anthony River Rally”  
Perrysburg, OH  
September, 1999

#### Event Physician

1999 Annual Ohio-Michigan Run – 5K, 10K, and Marathon  
Toledo, OH  
August, 1999

### **PROFESSIONAL MEMBERSHIPS**

American Osteopathic Association  
Association of Osteopathic Directors and Medical Educators  
American Academy of Osteopathy  
Ohio Osteopathic Association  
American Osteopathic Academy of Sports Medicine  
American College of Osteopathic Family Practitioners  
American College of Sports Medicine  
Bioethics Network of Ohio  
Virginia Osteopathic Medical Association

### **ORGANIZATIONAL MEMBERSHIPS**

The Toledo Zoological Society  
The Toledo Museum of Art  
The Aikido Association of America  
TAR WARS  
WGTE Sponsor

### **PUBLICATIONS**

- 2005** “**The Most Common Problem We Don’t Know How to Treat: Getting to the Source of Low Back Pain**”, AOA HealthWatch Magazine, September, 2005, pgs. 4-6.
- 2004** “**Exercise Principles**”, Principles of Manual Sports Medicine, 1<sup>st</sup> edition. Edited by Steven Karageanes, DO; Lippincott, Williams & Wilkins, Philadelphia, 2004.
- 2001** “**Anterior Metatarsalgia (Submetarsal Head Pain)**”, The 5-Minute Sports Medicine Clinical Consult, 1<sup>st</sup> edition, co-authored with Per Gunnar Brolinson, DO. Edited by Mark Bracker, MD; Lippincott, Williams & Wilkins, Philadelphia, 2001. pgs. 22-23.

**2000** “**Treatment of Sports-Related Ocular Injuries**”, *The Ohio Family Physician*, May, 2000, pg. 17 & 19.

“**Differential of Medial Elbow Pain in the Athlete**”, *Sports Medicine Alert*, June, 2000.

**1999** “**Benefits and Harms: Issues in Hypertensive Athletic Population**”, *Sports Medicine Alert*, October, 1999. pp. 80-1.

## **PUBLISHED ABSTRACTS**

**2000** “**Abstract: Arrhythmogenic Right Ventricular Dysplasia – Basketball**”, *Medicine and Science in Sports and Exercise*, Official Journal of the American College of Sports Medicine, Volume 32:5 Supplement, June, 2000.  
- Abstract presented at 47<sup>th</sup> Annual ACSM National Conference in Indianapolis, Indiana, June, 2000.

**1993** “**Sacral Movement in Structural Pelvic Function: Anatomical Dissection**”. *JAOA*, 1993.  
- Abstract presented at 1993 AOA Scientific Research Seminar Boston, Massachusetts.

## **PRESENTATIONS**

**2006** “**What’s New in Concussion Evaluation**”. Panel presentation on concussion evaluation, management & research given at the 21<sup>st</sup> Annual AOASM conference on May 4<sup>th</sup>, 2006. Phoenix, Arizona.

“**Manipulation for Small Physicians**”. Co-presenter on workshop with Amy Kerger, DC, OMS-II; Jodi Pelegrin DO, FAOASM; Linnette Sells, DO, FAOASM at the 21<sup>st</sup> Annual AOASM Conference on May 4<sup>th</sup>, 2006. Phoenix, Arizona.

**Roanoke College – Introduction to Osteopathy.** Co-presenter with Amy Kerger, DC, OMS-II to Roanoke College students on March 20<sup>th</sup>, 2006, Roanoke, Virginia.

**Family Practice Osteopathic Manipulative Medicine Board Review Course.** Full-day lecture and workshop to the third year Osteopathic Family Practice Residents of the Center of Osteopathic Research and Education (CORE) system in Ohio, March 1<sup>st</sup>, 2006. Columbus, Ohio.

**2005** **“An Osteopathic Approach – Sports Medicine Series Overview”**, Full-day lecture and workshop to the third year Osteopathic Emergency Medicine Residents of the Center of Osteopathic Research and Education (CORE) system in Ohio, November 30th, 2005. Columbus, Ohio.

**“Introduction to Osteopathic History & Principles”**, Lecture & Workshop given at 2005 Tazewell County Annual Conference on October 15<sup>th</sup>, 2005.

**“Prolotherapy – Then & Now”**. Lecture and workshop given at Columbus, OH OOA Fall Conference on September 24th, 2005.

**“On-The Field Osteopathy”**. Co-director of weekend workshop from July 7<sup>th</sup> – July 10<sup>th</sup>, 2005. Edward Via College of Osteopathic Medicine at Blacksburg, VA.

**“Osteopathic Physiology in Sports”**. Lecture given at 99<sup>th</sup> Annual Spring Virginia Osteopathic Medical Association (VOMA) Conference on May 13<sup>th</sup>, 2005 at the Homestead, Hot Springs, VA.

**Family Practice Osteopathic Manipulative Medicine Board Review Course**. Full-day lecture and workshop to the third year Osteopathic Family Practice Residents of the Center of Osteopathic Research and Education (CORE) system in Ohio, March 2<sup>nd</sup>, 2005. Columbus, Ohio.

**“An Osteopathic Approach to Sports Medicine”**. Co-director of weekend workshop from January 21<sup>st</sup>- January 23<sup>rd</sup>, 2004. Flower Hospital, Toledo, OH.

**2004** **“Low Back Pain – The Monster in YOUR Closet?”**. Lecture given at Ohio ACOFP Annual Conference on October 23<sup>rd</sup>, 2004. Akron, OH.

**“An Osteopathic Approach to the Pelvis in Sports”**. Lecture given at Ohio ACOFP Annual Conference on October 23<sup>rd</sup>, 2004. Akron, OH

**“An Osteopathic Approach to Sports Medicine”**. Co-director of weekend workshop from July 23<sup>rd</sup> – July 25<sup>th</sup>, 2004. Edward Via College of Osteopathic Medicine at Blacksburg, VA.

**“Low Back Pain – The Monster in YOUR Closet?”**. Lecture given at WW Knight Family Practice Center 30<sup>th</sup> Reunion CME Conference on May 22<sup>nd</sup>, 2004. Toledo, OH.

**Family Practice Osteopathic Manipulative Medicine Board Review Course**. Full-day lecture and workshop to the third year Osteopathic Family Practice Residents of the Center of Osteopathic Research and Education (CORE) system in Ohio, March 3<sup>rd</sup>, 2004. Columbus, Ohio.

**2003 Family Practice Osteopathic Manipulative Medicine Review Course.** Half-day lecture and workshop presented to the ACOFP Ohio branch, October 31<sup>st</sup>, 2003. Columbus, OH.

**Osteopathic Techniques for the Upper Extremity in Sports Medicine.**

Lecture & Workshop presented to the ACOFP Ohio branch, November 1<sup>st</sup>, 2003. Columbus, OH.

**Treatment of Shoulder Injuries.** Lecture presented at 2<sup>nd</sup> OU-COM CME & All Class Reunion, September 27<sup>th</sup>, 2003. Athens, OH.

**Osteopathic Techniques for the Upper Extremity in Sports Medicine.**

Workshop co-presented with Richard Schuster at 2<sup>nd</sup> OU-COM CME & All Class Reunion, September 27<sup>th</sup>, 2003. Athens, OH.

**An Osteopathic Approach to the Pelvis in Sports.** Osteopathic Education Day at St. Vincent Mercy Medical Center, May 15<sup>th</sup>, 2003.

**Clinical Workshop: Prolotherapy - Uses and Techniques.**

Lecture and Lab at 18<sup>th</sup> Annual Meeting of the American Osteopathic Association of Sports Medicine, April 30<sup>th</sup>, 2003. San Diego, CA. Assisted by Paul Tortland, DO, FAOASM.

**Clinical Workshop: An Osteopathic Approach to the Lower Extremity in Sports.**

Lecture and Lab at 18<sup>th</sup> Annual Meeting of the American Osteopathic Association of Sports Medicine, April 30<sup>th</sup>, 2003. San Diego, CA Lecture Presented by Per Gunnar Brolinson, DO, FAOASM. Lab presented by Shawn Kerger, DO.

**2002 Family Practice Osteopathic Manipulative Medicine Board Review Course.**

Full-day lecture and workshop to the third year Osteopathic Family Practice Residents of the Center of Osteopathic Research and Education (CORE) system in Ohio, March 5<sup>th</sup>, 2003. Columbus, Ohio.

**Prolotherapy in Modern Medicine.** Lecture presented at 1<sup>st</sup> OU-COM CME & All Class Reunion, September 29<sup>th</sup>, 2002. Athens, OH.

**Clinical Workshop: OMT for the Masses.** Lab at 1<sup>st</sup> OU-COM CME & All Class Reunion, September 28<sup>th</sup>, 2002. Athens, OH. Lab presented by Shawn Kerger, DO with Richard Schuster, DO as co-presenter.

**Clinical Workshop: An Osteopathic Approach to the Upper Extremity in Sports.**

Lecture and Lab at 49<sup>th</sup> Annual Meeting of the ACSM, June 1<sup>st</sup>, 2002. St. Louis, MO. Lecture Presented by Per Gunnar Brolinson, DO, FAOASM. Lab presented by Shawn Kerger, DO.

**Clinical Workshop: Prolotherapy - Uses and Techniques.**

Lecture and Lab at annual Meeting of the American Osteopathic Association of Sports Medicine, April 13<sup>th</sup>, 2002. Washington, D.C.

**2001 Family Practice Osteopathic Manipulative Medicine Board Review Course.**

Full-day lecture and workshop to the third year Osteopathic Family Practice Residents of the Center of Osteopathic Research and Education (CORE) system in Ohio, February 6<sup>th</sup>, 2002. Columbus, Ohio.

**Prolotherapy - Uses and Techniques.** Lecture presented at the Ohio Osteopathic Association 103<sup>rd</sup> Annual Meeting & Scientific Seminar, June 28<sup>th</sup>, 2001. Columbus, OH.

**Clinical Workshop: An Osteopathic Approach to the Thorax in Sports.**

Lecture and Lab at 48<sup>th</sup> Annual Meeting of the ACSM, May 30<sup>th</sup>, 2001. Baltimore, MD. Lecture Presented by Per Gunnar Brolinson, DO, FAOASM. Lab presented by Shawn Kerger, DO.

**Clinical Workshop: Prolotherapy - Uses and Techniques.**

Lecture and Lab at Joint Annual Meeting of the American Medical Society for Sports Medicine and the American Osteopathic Association of Sports Medicine, April 11<sup>th</sup>, 2001. San Antonio, TX. Assisted by Per Gunnar Brolinson, DO, FAOASM, and Paul Tortland, DO, FAOASM.

**2000 Clinical Workshop: An Osteopathic Approach to the Pelvis in Sports.**

Lecture and Lab at 47<sup>th</sup> Annual Meeting of the ACSM, June 2<sup>nd</sup>, 2000. Indianapolis, IN. Lecture Presented by Per Gunnar Brolinson, DO, FAOASM. Lab presented by Shawn Kerger, DO.

**1999 Common Overuse Sports Injuries.** Osteopathic Education Day at St. Vincent Mercy Medical Center, May 11<sup>th</sup>, 2000.

**EKG – Can They Play?.** WW Knight Residents and Family Practice Physicians at The Toledo Hospital on December 15<sup>th</sup>, 1999.

**MEDIA PRESENTATIONS**

**2004** “Influenza Update”. 2 & \_ minute live spot on Channel 11 with Jerry Anderson, October 16<sup>th</sup>.

**2003** Medical Consultant, “Cheap Seats” TV program, various times and locations, Buckeye Cablesystem.

“Weight Training in the Young Athlete”. 5-minute live spot on Channel 11 with Melissa Voetsch August 30<sup>th</sup>

**2000** “An Athlete’s Sudden Death”. 1-minute taped spot on Channel 13, September.

## **HONORS AND AWARDS**

**2004 Ohio ACOFP Young Physician of the Year Award** - Recognizes Ohio D.O.s in practice less than 5 years who exhibit the exemplary characteristics of an Osteopathic family physician. These include compassion, leadership, and demonstrated commitment to osteopathic philosophy, patient care, community involvement, education and enrichment of self and others. Presented at Ohio ACOFP Annual Conference on October 23<sup>rd</sup>, 2004.

**“20 Under 40” Award** – presented to Toledo area individuals under the age of 40 who make exceptional contributions to the community and have distinguished themselves in their careers. Presented October 1<sup>st</sup>, 2003 at the 8<sup>th</sup> Annual 20 Under 40 Leadership Awards Program.

### **Osteopathic Heritage Award**

OU-COM, 1996.

### **Peer Academic Support Award**

#### **Phase II Systems, Phase I & II PCC**

OU-COM, 1996.

### **Research and Scholarly Advancement Fellowship**

OU-COM, 1992.

## **RECREATIONAL**

Senior Student and Member

1st Kyu (Brown belt with black stripe) Aikido

Ed Donnelly's USA Martial Arts Dojo 6837 Angola / McCord Ave.

Holland, OH 43528

January, 1994 - present

Member and co-captain

Intramural soccer, softball, and volleyball (men's and coed for all sports)

OU-COM

Athens, OH 45701

August, 1991 – June, 1993

President and Member

Miami University Racquetball Club, Miami University

Oxford, OH 45056

August, 1989 – June, 1991